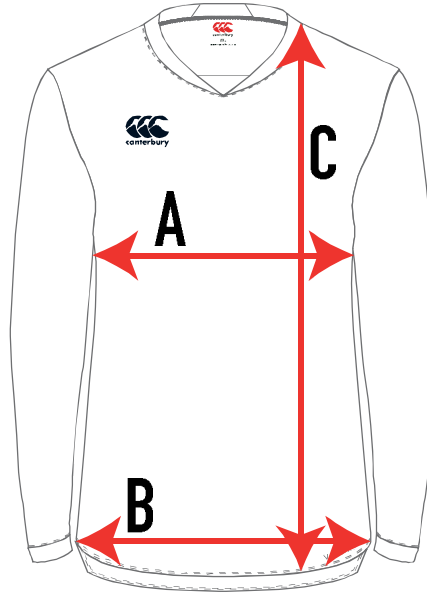
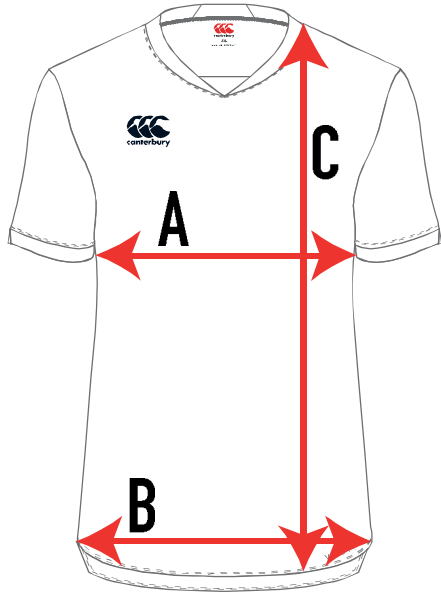


# HOW TO MEASURE

MULTI SPORTS SIZING



**A – CHEST WIDTH**

**B – HEM WIDTH**

**C – BODY LENGTH**

# WOMENS TOPS

## MULTI SPORTS SIZING

POM DESCRIPTION	MEASUREMENT POSITION	6	8	10	12	14	16	18
POM TEE CHEST WIDTH	Measured at underarm seam 2.5cm from arm hole	40	42.5	<b>45</b>	47.5	50	52.5	55
POM TEE WAIST WIDTH	Measured 40 cms from SNP to waist position	38	40.5	<b>43</b>	45.5	48	50.5	53
POM TEE HEM WIDTH	Measured at hem edge	42	44.5	<b>47</b>	49.5	52	54.5	57
POM TEE FRONT LENGTH	Measured from high shoulder point to hem edge	63	64	<b>65</b>	66	67	68	69
POM TEE BACK LENGTH DIPPED BACK HEM	Measured from high shoulder point to hem edge	68	69	<b>70</b>	71	72	73	74
POM SHOULDER LENGTH	Measured from high shoulder point level, straight down to armhole seam	9	9.5	<b>10</b>	10.5	11	11.5	12
POM SET IN SHORT SLEEVE LENGTH	Measured from sleeve crown to cuff edge	12.5	13.5	<b>14.5</b>	15.5	16.5	17.5	18.5
POM SET IN LONG SLEEVE LENGTH	Measured from sleeve crown to cuff edge	59	60	<b>61</b>	62	63	64	65
POM RAGLAN SHORT SLEEVE LENGTH	Measured from side neck point to cuff edge	22	23.5	<b>25</b>	26.5	27.5	28.5	29.5
POM RAGLAN CAPPED SLEEVE LENGTH	Measured from side neck point to cuff edge	14.5	16	<b>17.5</b>	19	20	21	22
POM RAGLAN LONG SLEEVE LENGTH	Measured from side neck point to cuff edge	68	69.5	<b>71</b>	72.5	74	75.5	77